

Building renovation business: the effects of specialization on profitability

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Building Renovation Business: The Effects of Specialization on Profitability

Abstract

The importance of renovations is widely recognized, for example, due to renovation backlogs in the developed countries. The urbanization megatrend, among many other factors, is still increasing the need for renovations in the long run. One approach to review the renovation issue is the profitability of the companies that will tackle the increasing demand in the sector. By applying mainly quantitative methods, using the 15-year timeframe (2005–2019) and earnings before interest, taxes, depreciation, and amortization (EBITDA) and return on assets (ROA) as measures, this study reviewed the profitability of the building renovation (BR) companies from two perspectives: how does focusing on certain special services (specialized BR) fare compared to focusing on a wide range of services (wide BR) and what are the profitability differences among specialized BR companies? The results show that, when reviewing the research timeframe in total, there are no differences in profitability between wide BR and specialized BR companies. However, an annual review reveals that specialized BR companies are profitability-wise more vulnerable for economic cycles. Among the specialized BR companies, there are several differences in profitability; classically, specialization in a niche market with a deliberate customer base and low competition level is gainful. The research provides new information about an unresearched area encouraging companies to re-think their strategic choices considering service specialization and performance.

Keywords: construction industry; building renovation; profitability; service specialization

Introduction

Recent discussions about companies' performance have expanded from profitability to broader measurements, such as ESG (environmental, social and governance) performance indicators (Ajibike et al. 2021; Deng & Cheng 2019). However, it is important to notice that profitable business is often a key factor enabling the progress also in these broader performance indicators (Kravatzky and Stephens 2021). Thus, the importance of profitability should not be ignored in general (Geamănu 2011) and not least in the construction industry; the industry is known for tight competition, risky projects and thin margins (Bilal et al. 2019). The same features and need for profitability improvements extend to an important part of the construction industry – the building renovation business (Rajala et al. 2022; Shehu et al. 2014).

Building renovation (BR) is defined to comprise all repair works, maintenance and improvements to existing buildings (Jensen & Maslesa 2015). The significance of the BR business has increased in recent decades, especially in the developed countries, where aging dwelling stocks, maintenance backlog and the need to reduce CO₂ emissions via energy-efficiency renovations have boosted the sector (Jonsson et al. 2017; Jensen & Maslesa 2015; Finnish Association of Civil Engineers RIL 2019). In addition, the urbanization megatrend is raising the dwelling stock all over the world (Aslam et al. 2020) and the renovation sector's importance will increase in the long run. To be able to respond to these renovation needs we need BR companies. We must have companies who, for example, improve the energy-efficiency of existing buildings and renovate leaking roofs. This need for BR companies is where profitability plays an important role – it is a requirement for companies' business continuity (Geamănu 2011).

Profitability is described by Geamănu (2011) as follows: Profit, as one element of profitability, is an absolute measure and usually defined as the difference between revenue and cost. Relative profitability, as another element of profitability, strongly interests investors and

other stakeholders by describing a company's capability to create a return on investment. As profitability is a comprehensive concept, there are diverse researched factors that influence it in the construction industry; competition environment (Sanders & Cooper 1991), strategy formulation (Li & Ling 2012), contract forms (Teng et al. 2017) and project management (Arslan & Kivrak 2008) – to name but a few. Recent research has approached profitability and the construction industry from perspectives like value chains (Nagarkar & Gore 2020), ESG (Ajibike et al. 2021; Pero et al. 2017) and digitalization (Kavuri et al. 2020). In digitalization, especially various data driven methods to ease project selection from the profitability perspective have been on display (Kasprowicz et al. 2022). In addition, intangible resources, such as client trust and experience of employees, have been researched lately (Asamoah et al. 2020).

Through the ages, one profitability related factor across industry boundaries has been the level of companies' service specialization (Porter 1985; Alam & Islam 2017). Such, quite a traditional, perspective is seen as appropriate to approach an unresearched topic that this study covers – the profitability of BR business companies (Vainio 2011; Henn & Hoffman 2013). Hence this research examines what kind of an effect does specialization in services have on profitability in the BR sector. Specialization is a good example of a strategic choice that is considered as especially important in turbulent times (Mankins & Gottfredson 2022). This is very topical at the time of this research: in the past years, we have lived in exceptionally turbulent times due to the Covid-19 pandemic and the Russian invasion of Ukraine in 2022 with their consequences. The consequences, such as inflationary pressures and raw material and labour shortages, have negative effects on the profitability of BR companies (Rani et al. 2022; Bilal et al. 2019; Singh et al. 2014), and for sure, various specializations have their own strengths and weaknesses regarding various consequences.

In this study, the profitability of the companies is at first reviewed by comparing profitability differences between companies that are focused on only certain services (*specialized BR*) and companies that offer a wide range of services (*wide BR*). Secondly, profitability differences are examined more precisely among the *specialized BR* companies by evaluating various specialized services. The research data covers 15 years and is based on Finnish BR companies. Earnings before interest, taxes, depreciation, and amortization (EBITDA) and return on assets (ROA) are the chosen measures describing the companies' profitability. The aim of the research is to encourage BR companies to re-think their strategic choices considering service specialization and performance by utilizing the deepened profitability information this research offers. The study answers the following research questions:

1. How do *specialized BR* companies fare compared to *wide BR* companies in terms of profitability?
2. What are the profitability differences among *specialized BR* companies?

After the introduction, the research is organized as follows. The literature review presents characteristics about service specialization and how it is approached in the context of profitability and the construction industry in the academic sphere. The research design includes details about the research data and methodology. The findings and discussion are divided into two separate sections: one broad and another deeper approach to the topic. The last section deals with conclusions, limitations of the research and implications for future research.

Literature Review

Characteristics of Service Specialization

Before delving into specialization and profitability, let us briefly review the service concept in general and show how we approach the concept. The often-applied definition in academic research has been service offering (Rabetino et al. 2015). Service offering is stated to include

various elements and it is acknowledged to be strongly related also to marketing and customer relationships (Storey & Easingwood 1998; Den Hertog et al. 2010). However, this study focuses on the core parts of service offering: products and services – the elements that customers acquire from the service provider (Storey & Easingwood 1998). In the construction industry, the products and services typically cover 1) *building types* and 2) *work types* (Toszevska-Czerniej 2018; Sanders & Cooper 1991). In this study, for specialization in one or both of these types we use the term service specialization. It is good to note that building types, in many cases, also cover the customers. For example, in pipe renovations of apartment buildings, the owners of the apartments invariably are the customers (Ministry of the Environment 2013). The characteristics for the chosen service specialization elements are broadly based on the scientific literature that we present next. The literature is focused on specialization and profitability at strategy level across industry boundaries.

From the specialization and profitability perspectives, Porter presented similar elements of specialization as in this study already in 1985. In his publication about the focus strategy and its differentiation perspective, Porter stated that focusing on only a few markets, services or customers with special needs to fulfil and less competition compared to broader markets can lead to better profitability compared to rivals. The focus strategy is one of Porter's generic competitive strategies defined to aid companies to face the competitive forces that Porter presented earlier in 1979.

Even though Porter's competitive strategies are well-known and proven, the strategies have also been criticised (Viltard 2017). Perhaps it is due to the criticism that various hybrid models related to companies' performance and profitability have since evolved from traditional strategies, like Porter's (Alnoor et al. 2022). One of the newest strategies in this genre is Blue Ocean strategy (BOS), created by Kim and Mauborgne (2015). BOS presents that, to be able to achieve competitive advantage, companies should not respond to competition but find and

develop new markets where they do not need to compete that much. The new markets can be found, for example, by doing business in a totally new way, such as creating a new service based on customer needs or focusing on a core competence.

A business model concept is another approach to achieve competitive advantage. The concept has been on display in academic research for the past 25 years (Nielsen et al. 2018). Naturally, the concept has developed during the years, but the basic idea has remained the same: the model describes how a company generates and captures value (Pekuri et al. 2013; Lanzolla & Markides 2021). The business model has established its place also in terms of innovations; the term business model innovation can be seen related to service specialization since the term is defined as the process to discover new ways of doing business by re-evaluating value creation and capturing in a company (Bashir & Verma 2017).

Profitability And Service Specialization in the Construction Industry

The extent of service specialization is a typical choice to be done when companies in the construction industry evaluate their strategy, and it sheds light on how, for example, economies of scale and other specialization related factors show up in terms of profitability (Arslan & Kivrak 2008; Ariffin et al. 2016). Still, profitability and specialization in services seem to have gotten only limited attention in the academic research focused on the construction industry (Pekuri 2015).

To be able to find the most relevant publications regarding profitability and service specialization in the construction industry, we used the semi-systematic review. The method can be used to map the field of the research, and it is particularly useful for detecting different themes, general issues, perspectives and components within a specific field of research (Snyder 2019). The method was chosen since we considered it accurate enough to extract themes related to profitability and specialization. The accuracy level of more precise methods, such as a systematic review (Snyder 2019), was not considered necessary.

In practice, we carried out the semi-systematic review as follows: 1) Google Scholar was used as a web search engine to find academic literature across an array of databases and publishing formats, 2) the keywords, such as “profitability”, “renovation”, “construction industry”, “specialization” and “service”, were searched, 3) relevant studies were identified and selected, and 4) content analysis was used for analysing the publications. Table 1 presents – from history to recent years – the publications found in the semi-systematic review. The chosen publications were seen as the most relevant for our research.

Table 1. Publications about specialization’s effects on profitability in the construction industry

Author	Publication
Bilal et al. (2019)	Investigating profitability performance of construction projects using big data: A project analytics approach
Mohamad et al. (2013)	Assessment of the expected construction company’s net profit using neural network and multiple regression models
Li & Ling (2012)	Critical strategies for Chinese architectural, engineering and construction firms to achieve profitability
Arslan & Kivrak (2008)	Critical Factors to Company Success in the Construction Industry
Kale & Arditi (2002)	Competitive Positioning in United States Construction Industry
Akintoye & Skitmore (1991)	Profitability of UK construction contractors
Sanders & Cooper (1991)	Analyzing Construction Company Profitability

Even though the publications have in many ways had a similar approach to research specialization as our study, we did not discover publications that – like our study – focused systematically on the effects of specialization on profitability in the BR sector. Only Bilal et al. (2019) partially delved into the BR sector when they compared profitability between new construction and the BR sector. Their finding regarding the sector comparison was that, due to the limited design flexibility and demolition issues, the BR sector is less profitable compared to the new construction sector. Similar to our study, the authors also assessed the sectors more

in detail by reviewing various work types. In terms of the BR sector, they used a division into maintenance and refurbishment. In their findings, Bilal et al. interestingly detected that maintenance actually had the best profit margins in the total evaluation including the three sub-work types of new construction. However, refurbishment had the second lowest profit margins. Unfortunately, the reasons for the observations were not given and a more detailed breakdown was not made. In addition, the research focused more on the evaluation of projects than on the companies, while the focus in our study is at the company level.

Overall, the publications in Table 1 have mainly focused on specialization in the construction industry in general. The publications of Kale & Ardit (2002), Sanders & Cooper (1991), Mohamad et al. (2013), Arslan & Kivrak (2008) and Li & Ling (2012) all had the general perspective. With the general perspective, we mean that the construction industry is researched as a whole including, for example, new building construction, the BR sector and the infrastructure sector – or the publications did not specify the sector at all.

Akintoye & Skitmore (1991) were the only ones who, similar to the firstly introduced study of Bilal et al., reviewed the construction industry from the perspective of various sectors. The sectors were house building, building and civil engineering works and construction-related work. Considering the specialization perspective, there is variation between the studies; Mohamad et al., Arslan & Kivrak and Li & Ling, for example, reviewed both service and customer specialization. Kale & Ardit focused only on service specialization, and Sanders & Cooper focused on specialization in types of works via the end use of the built facilities (can also be seen as building types as in our research). The way the reviewed studies have approached profitability has generally been through absolute measures of profitability, such as profit margin, as Bilal et al. and Akintoye & Skitmore. The strength in our study is that we include both absolute (EBITDA) and relative (ROA) profitability measures in the analyses.

Although most of the studies do not deal with the BR sector, they provide many interesting observations about the effects of specialization on profitability in the construction industry. Thus, the studies have a clear connection to our study. One observation is that offering a large scale of services seems to be more profitable compared to service specialization where a company has a narrow service offering. For example, Kale & Arditi (2002) stated that both service approaches, the narrow and the broad approach, have their pros and cons. However, the companies that differentiate in their services face challenges in terms of performance (which included profitability as one criteria) due to the issue that the companies are not capable of influencing the quality, costs and innovation of the offered services enough. The study of Kale & Arditi did not distinctly open up the reason behind the influence challenges, but the feature that construction industry is very dependent on other actors, such as material suppliers, was referred.

A very similar observation regarding the broad or narrow service offering is detected by Li & Ling (2012). They researched how the offering of services for only a specific group of clients affects profitability; no correlation with profitability was detected, but instead, they present that a comprehensive service offering for customers correlates with profitability. The study of Li & Ling also included a broader analysis of three well-known strategy theories (Porter's competitive strategies, Sun Tzu's Art of War and the networking approach) where the strategies' effects on the companies' financial performance were compared. Porter's differentiation strategy, Sun Tzu's adaptability and market intelligence practises as well as network strategy were all significantly correlated with profitability. However, interestingly in terms of our research, Porter's focus strategy was not significantly correlated with profitability.

Other observations about the effects of specialization on profitability were the level of competition, experience in the chosen market and construction material related factors. Akintoye & Skitmore (1991) presented findings regarding competition. They detected that civil

engineering works had – due to the tighter competition – lower profit margin levels compared to house building and construction related works. Arslan & Kivrak (2008) presented findings regarding experience in the chosen market. In their study, the companies in the industry address that the most important thing for profitable business is to specialize in the market where the company has the best experience. Sanders & Cooper (1991) detected that construction materials, specialization and profitability can affect each other. Their observation was related to the research of various building types; building sales facilities and storage facilities, like warehouses and large maintenance facilities, were the most profitable business, and they strongly doubted the result was related to the efficiency of steel structures. Even though the study of Sanders & Cooper is relatively old, it is very timely. The Covid-19 pandemic and the Russian invasion of Ukraine in 2022 with their consequences have had significant effects on construction material prices (Rani et al. 2022; Paché 2022). The observation yet emphasizes the importance of the topic of our study – strategic choices regarding specialization are very important.

Research Design

As statistics about the BR sector are limited in Finland (NAOF 2014), and Europe in general (Murillo 2019), a notable amount of background work was needed in order to get the research data into an analysable form. Figure 1 presents the main characteristics of the data and the analysis methods.

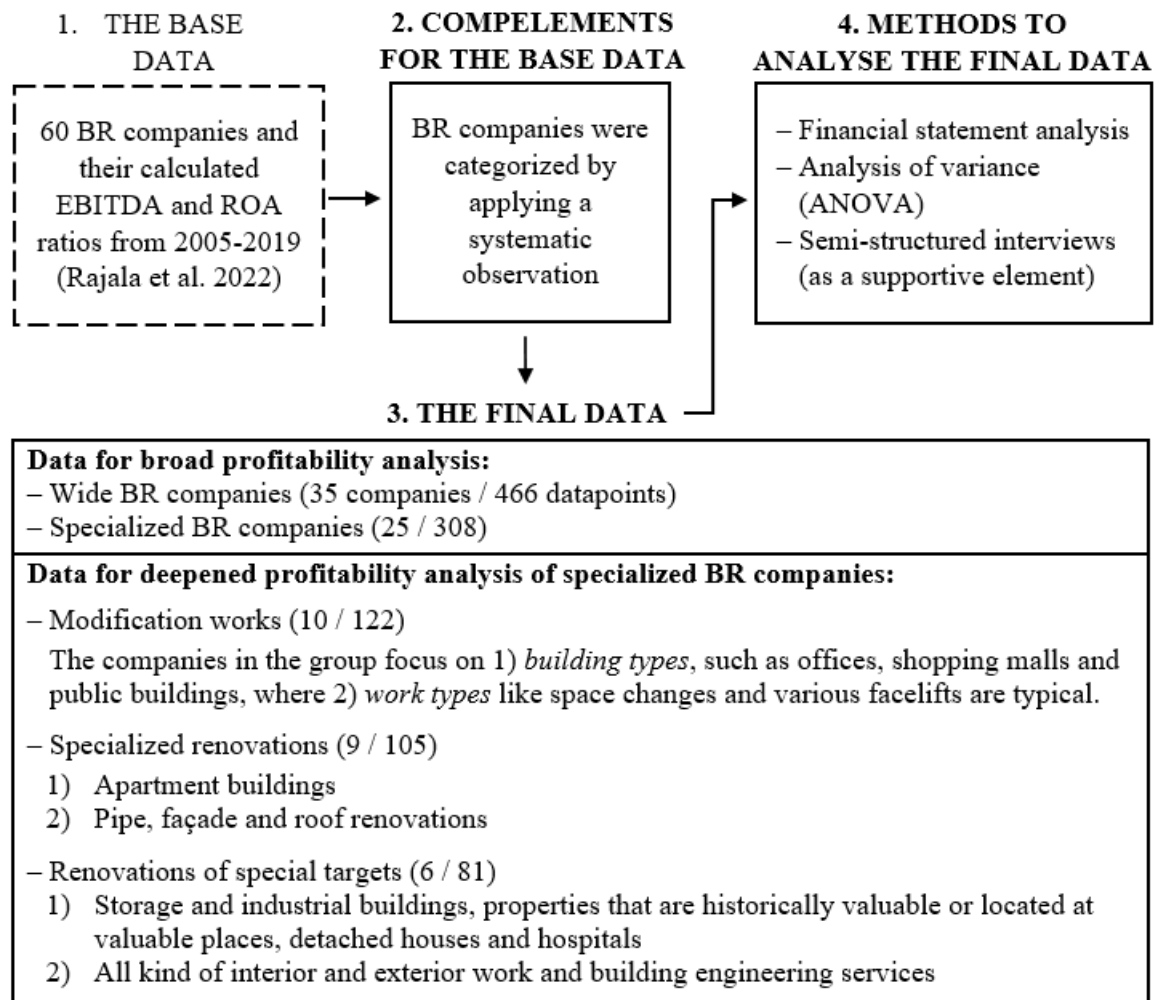


Figure 1. The main characteristics of the data and the analysis methods

The base data – the first step in Figure 1 – has also been utilized in another study (Rajala et al. 2022) and the details of that data are presented in Appendix 1. The complements for the base data were conducted by applying a systematic observation; the method where existing data, for example texts on web pages as in this study, are observed to be able to find aspects determined in advance (Vilkkä 2007). To be able to verify whether the companies offer a wide range of services or only certain services, the following three-step prioritizing was obeyed during the observation:

1) *Clear promotions*; the company promotes being specialized in a certain work type (e.g. pipe renovations) and/or building types – or vice versa, promotes offering a wide range of services.

For example, a company offering a wide range of services presents its focusing area on its web site as follows: “*The services of the company cover all the renovation needs for actors in the field: companies, the public sector, housing companies and privates. We have offered, with success, all renovation-related services for our customers in the capital city region since 1983.*” In turn, a specialized company presents its focus area on the web site as follows: “*The company is a 1998-founded expert in modification works of premises. Our customers are domestic and international real estate property trusts and companies from the public sector.*”

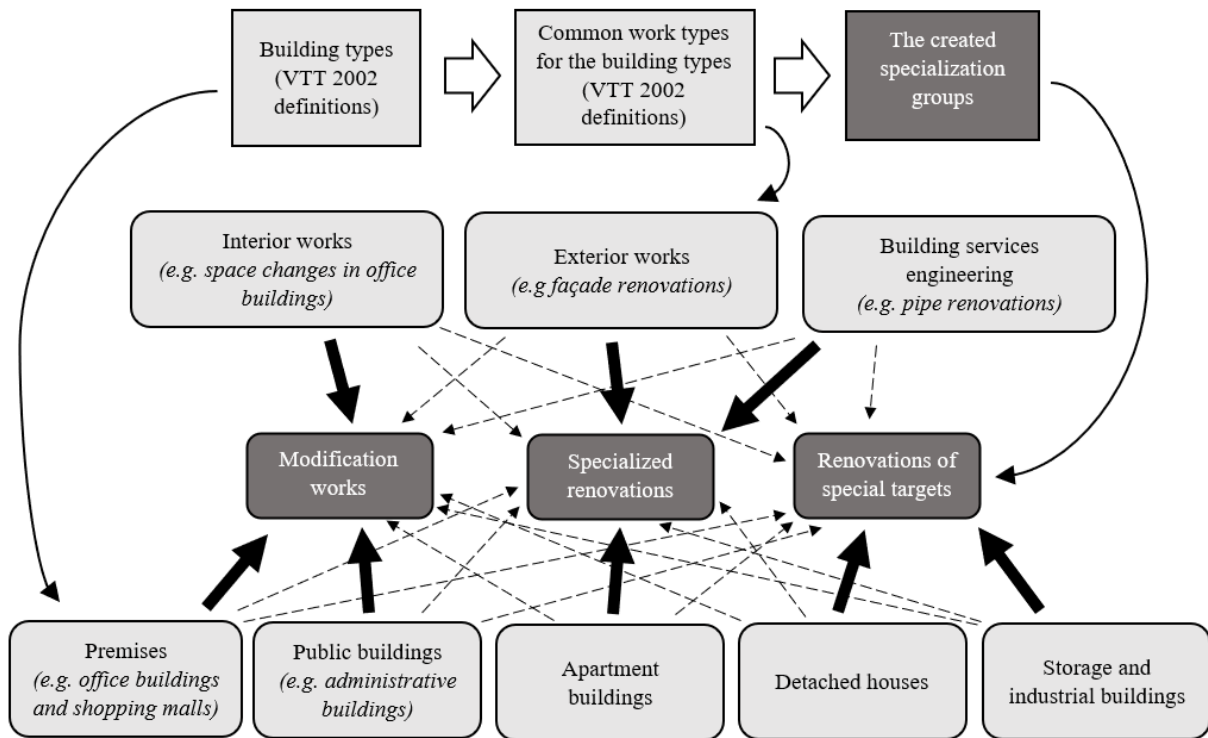
2) *Service specializations*; If the company’s services presented on the web site include more than three work types, the service specialization is categorized as wide – otherwise as specialized.

3) *Reference lists*; If the majority, approximately 80%, of the references presented on the web site included certain work types or building types, the company was categorized as specialized – otherwise as wide.

In some uncertain cases (5/60), where the web page based three-step observation did not clarify the service specialization, the category was confirmed from the companies by phone. In these calls, categorizing was done by applying steps two and three. In order to be convinced by the categories, and to make sure that they would cover the entire research timeframe comprehensively, we also double-checked the financial statements for the slightly uncertain years of a few companies. In the financial statements, some of the companies have presented an annual activity report, which lists finished, ongoing or future projects with fairly accurate descriptions (including often, for example, work and building types).

The above mentioned three-step observation brought up both *wide BR* and *specialized BR* companies. To be able to analyse *specialized BR* companies in more detail, we categorized the specialized companies into three groups. The report “Repair, maintenance and improvement work in Finland” (Vainio et al. 2002) was chosen among many renovation-related

studies to be applied to forming the more precise specialized groups. The report was published by the fully state-owned limited liability company VTT Technical Research Centre of Finland. Figure 2 presents the formed groups and the main phases on how the specialized groups were formed by utilizing the report.



Note: the bold thick arrows address the main alignment of how the work and building types are related to the created specialization groups. The dash lines address that they can in some cases be linked also to other groups.

Figure 2. The specialized groups and the process of forming the groups

As Figure 2 presents, the forming of the specialized groups is – similar to the systematic observation – based on building and work types. Therefore, the categorizing of *specialized BR* companies was straightforward. However, when the categorizing into specialized groups was being done, we needed to take into consideration that the BR companies selected in the study represent a comprehensive group of the most significant renovation companies in the Finnish renovation sector (Rajala et al. 2022). For example, detached houses covering a significant part of the renovation needs in total are largely renovated in a DIY-way or by very small contractors (Vainio et al. 2002). As there are quite a few actors among the significant *specialized BR*

companies that focus on detached houses, these companies, for example, are in this study categorized to the group *renovations of special targets*. Instead, the majority of the significant *specialized BR* companies seems to focus on larger entities where work types like pipe, façade (included in the group *specialized renovations*) and various modification works (included in the group *modification works*) are typical.

Primarily quantitative methodologies – analysis of variance (ANOVA) and financial statement analysis – were used to analyse the results. ANOVA is seen as an appropriate method when analysing means between various groups, as the method estimates the relative significance of the variance between group means to the mean variance within groups (Kim 2014). Financial statement analysis, instead, is a method that evaluates a company's economic operating condition by examining financial statements and calculated financial ratios (Fridson & Alvarez 2011).

The assessments carried out with the executives of certain BR companies of this study are also a part of the research. The method of carrying out the assessments with the executives could be described as semi-structured interviews. The interviews include determined, but open-ended, questions, and the actual focus is on the interviewees who offer their subjective experiences to support the objective knowledge about the researched topic (Blandford 2004). The assessments were used in situations where clear reasons behind the results were not completely found from literature or by using financial statement analysis. The main details regarding the conduct of the assessments are presented in Table 2.

Table 2. Details of the conducting of the assessments

Group		Interviewee	Date
Wide BR		CEO	15.11.2021
		CFO	15.11.2021
		Project Director	17.12.2021
Specialized BR	Modification works	CEO	18.11.2021
		CEO	19.11.2021
	Specialized renovations	Development Director	16.11.2021
		CEO	22.12.2021
	Renovations of special targets	Technical Director	17.12.2021
		CEO	22.12.2021

The assessments were carried out by phone calls. For each assessment, the companies were randomly selected, but they represented the group where an unknown observation was detected. In the calls, the detected unknown observation was briefly described to the executives and then they were asked what the reasons behind the detected result could be. For example, executives of two companies from the group *renovations of special targets* were asked why companies in their group seem to be less vulnerable to economic cycles. Eventually, the most relevant observations regarding the conversations were written down and summarized to the Findings and Discussion section. All the assessment-based statements are referred to below in the analyses.

Findings and Discussion

As the companies in the research are Finnish, a brief overview of the Finnish BR sector provides a background for the profitability analyses below. The BR sectors' share of the total construction industry in Finland has increased from the 1980s' 30% to today's almost 50% (Statistics Finland 2019). The significance of the BR sector will remain and even increase as there is a detected renovation backlog covering 10% of the built properties in Finland with a total value of 500 billion (Finnish Association of Civil Engineers RIL 2019).

As construction companies in Finland have had difficulties in renovation projects impacting companies' overall profit margins negatively, strategic choices in terms of specialization have taken up (Mölsä 2019). Due to these profitability issues, some companies

are, for example, trying to avoid renovations of properties that are historically valuable or located at valuable places, and instead put effort on pipe renovations, seeing that business as more profitable. From the academic perspective, it has been presented that the trend for EBITDA and ROA medians in Finland has been decreasing for the renovation sector in total in 2005–2019 (Rajala et al. 2022).

Both profitability analyses below were begun by visually reviewing for exceptionally high or low values in the data. As these kinds of values – outliers – were found, the reasons behind them were estimated on a case-by-case basis. For example, the values were excluded in situations where companies were just starting their operations, or an accounting method clearly had caused the unusual values. The groups where outliers (12 out of 619 datapoints) were detected are presented more specifically in the analyses below.

Broad Profitability Analysis

When reviewing the sectors in total within the 15-year timeframe, the ANOVA comparison between *specialized BR* and *wide BR* companies did not reveal statistically significant differences in EBITDA margins or ROA ratios (Table 3).

Table 3. ANOVA results for sectors in total

Ratio	Wide BR			Specialized BR			F-ratio	Prob > F
	n	Outliers	Mean	n	Outliers	Mean		
EBITDA	465	1	6,87	306	2	6,35	1.2125	0.2712
ROA	461	5	19,77	304	4	20,11	0.0486	0.8256

The result differs from the study of Li & Ling (2012); they presented that, in the construction industry in general, companies offering a wide range of services are more profitable compared to companies offering certain focused services. Overall, the levels of the examined ratios can be seen as typical for the construction industry. Ahonen et al. (2020) detected similar EBITDA margins in the Finnish construction industry (ca. 7%) and slightly better values in Sweden and Denmark (ca. 8%). Lai et al. (2014) also detected fairly comparable profitability levels (ca. 5%) when they researched a similar period, in Malaysia though, and the ratio was net profit

margin. Net profit margin considers interest, taxes, depreciation and amortization, which are not considered in the EBITDA margin (Committee for corporate analysis 2009). The levels of ROA are fairly high compared to the construction industry in general, but as researched, companies in the BR sector have fairly high ROA ratios due to light balance sheets consisting mostly of current assets (Rajala et al. 2022).

The nearly equal profitability results between *specialized* and *wide BR companies* can be seen as appropriate when reflecting on them with Mason's (1939) analysis of traditional, but also criticised (Porter 1979), Structure-Conduct-Performance (SCP) paradigm. The SCP states that the performance of companies in an industry is determined mainly by the industry structure, including, for example, the behaviour of buyers and sellers as well as the general level of competition. A high competition level decreases and equalizes the profitability levels in the industry. This is observed in very competitive industries, which the BR sector absolutely is (Pardalis et al. 2019). The SCP is dealt mainly with large companies but, in the context of renovation business, it seems to be valid for smaller companies as well. The nearly equal mean values also indicate that specialization does not seem to change the fact that the construction industry in general is strongly – in good and bad – dependent on value chains, including, for example, material suppliers and sub-contractors (Kale & Arditi 2002; Tennant & Fernie 2014).

Even though significant differences in the sectors' profitability in total were not found in ANOVA, an annual median review, trend lines and confidence intervals for EBITDA and ROA indicate several interesting details (Figure 3).

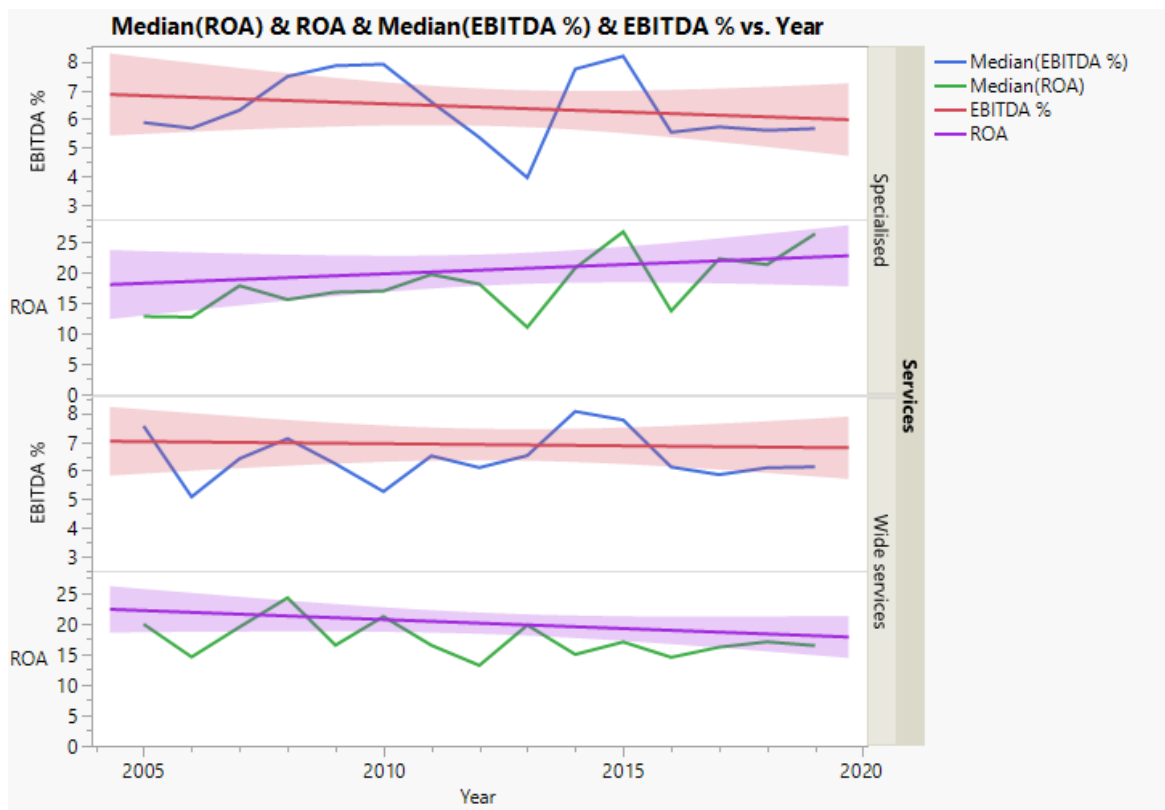


Figure 3. EBITDA and ROA medians, trend lines and confidence intervals for the wide and specialized BR companies in 2005–2019

At first, both researched groups' EBITDA and ROA ratios seem to behave similar when compared to each other, and there is a positive correlation. Spearman's rank correlation coefficient between ROA and EBITDA in the total 15-year timeframe is 0.69 for the group *specialized BR* and 0.78 for the group *wide BR*. The closer the number is to one, the stronger the positive correlation (Artusi et al. 2002). The trend lines are slightly decreasing except for ROA for *specialized BR* companies due to certain, exceptionally strong years at the end of the research period and a few clearly weaker years in the beginning of the research period.

The second clear observation in Figure 3 is related to the EBITDA results from the *specialized BR* companies in 2009–2013. The results show that Finland's several years of moderate economic development after the 2008–2009 financial crisis (Sariola & Pönkä 2020) particularly reflected on the *specialized BR* companies. The observation indicates that profitability-wise *specialized BR* companies seem to be more vulnerable to economic cycles.

The statement seems coherent since it is presented that, as recessions decrease demand in the construction industry, competition surges among contractors, and many of them need to gather projects that they are not specialized in or do not otherwise have required competence for (Arditi et al. 2000). In these situations, especially *specialized BR* companies can suffer from the small market segment, and they need to expand – at the expense of profitability – to the segments they are not familiar with. *Wide BR* companies can instead utilize their capability for taking advantage of market opportunities from many market segments thus reducing their risks in terms of market cycles (Sexton & Barrett 2003; Kale & Arditi 2002).

Another observation in Figure 3 is the clear peaks in EBITDA margins around 2014 for both sectors due to an exceptionally large government expenditure program for renovation works (Ministry of the Environment 2014; Pajakkala 2014; Rajala et al. 2022). These kinds of stimulus packages have been strongly related to the profitability of the companies (Thangaraj & Chan 2012; Christopoulos et al. 2016). The mentioned expenditure program is even more visible in the *specialized BR* companies as the program especially supported specialized modernisation and rebuilding works (ARA 2013).

Even though both groups' EBITDA margins have developed positively during the years around 2014, ROA in that time – and actually in the 15-year timeframe in total – has been slightly steadier for the *wide BR* companies. However, the difference is narrow – the standard deviations for ROA are 18.9 for the *wide BR* companies and 22.3 for the *specialized BR* companies in the total research timeframe. Financial statement analysis did not completely clarify the reasons behind the slight difference as there was a lot of variety detected on how, for example, current assets are specified in the balance sheets.

Assessments with the executives (2021) still raised up several interesting factors that, depending on the situation, can steady or decrease the effectiveness of capital management, thus affecting ROA. One factor was the property development approach where companies

purchase an existing property, renovate and sell it. These kinds of projects hold more capital and – albeit they are not very common in general – they are more typical for the *wide BR* companies. A slight difference in some situations can also follow from materials; *wide BR* companies can have more diverse reserves while specialized companies can be more effective in terms of their more specific material needs. Another raised issue regarding effective capital management is goodwill. Goodwill raises the balance sheet, thus decreasing ROA (Committee for corporate analysis 2009). Of course, the bought company is usually expected to bring more profits, but, for example one executive presented that sometimes profits do not follow acquisitions right away and goodwill's share can be significant in the balance sheet. In the research data, there were only some cases detected, but that is a good point to notice in general, especially among companies that grow by acquisitions.

Another interesting observation considering advances received was detected in both groups (*wide* and *specialized*). The mean share of advances received in the balance sheets was mainly higher (around 10% difference to smaller companies) for the largest companies in the research data. As advances received are subtracted from balance sheets when calculating ROA (Committee for corporate analysis 2009), they relieve the balance sheet influencing the ROA positively. The observation concerns not only bigger single projects that larger companies usually have and where advances received are typical (Assessments with executives 2021), but also stronger contract negotiation power compared to smaller players (Porter 1979; Pervan & Visic 2012). However, the calculated turnover of receivables did not confirm the negotiation power observation as there were no significant differences detected overall – for the groups *wide* and *specialized*, the mean time was 37 days for each.

Deepened Profitability Analysis of Specialized Companies

In the deepened analysis, also done by using ANOVA, the specialized companies are divided into smaller samples. The summary of the results (Table 4) covers means for EBITDA and ROA ratios in the 15-year timeframe.

Table 4. ANOVA for various specialization groups

EBITDA				
F-ratio				Prob > F
3,2880				0,0387
Group comparisons of significant differences				Difference
Renovations of special targets – Specialized renovations				2,26
Group	n	Outliers	Mean	Tukey-Kramer HSD: connecting letters
Renovations of special targets	122	-	7,86	A
Modification works	81	-	5,98	A B
Specialized renovations	103	2	5,60	B
ROA				
F-ratio				Prob > F
0,3078				0,7353
Group comparisons of significant differences				Difference
Statistically significant differences were not detected				
Group	n	Outliers	Mean	Tukey-Kramer HSD: connecting letters
Modification works	119	3	20,94	A
Specialized renovations	81	-	20,46	A
Renovations of special targets	104	1	18,44	A

Overall, the profitability results for the *specialized BR* companies indicate typical levels as presented above in the section Broad Profitability Analysis. The companies specialized in *renovations of special targets* have the best mean EBITDA margin differentiating statistically significantly from the group *specialized renovations*. The best result reflects the chosen niche markets; the companies try to operate in environments where there is less competition (Assessments with executives 2021). The ploy is classical. Porter (1985) already proposed that it leads to higher profitability levels compared to more competed environments. On top of the competition level, client characteristics can positively affect the best EBITDA result; for example, the clients in the group *renovations of special targets* – such as owners of the properties that are historically valuable or located at valuable places – are usually not the ones who are the strictest in terms of prices but appreciate that works are done promptly. This observation is also supported by academic research; customers are ready to pay more for high

quality services or products (Tani et al. 2021). Another reason for the best EBITDA margin for the group *renovations of special targets* can be the often-applied cost-plus basis contract form – the form that also Sanders & Cooper (1991) justified to be notably profitable. However, ROA shows that companies specialized in *renovations of special targets* have the worst mean value, even though there are no statistically significant differences compared to other groups.

Generally, as the group *specialized renovations* includes many pipe renovation companies, the worst EBITDA margin trend line in Figure 4 is worrying; there is still a lot of workload in the coming years, though the peak of pipe renovations in the Finnish market is presently achieved as the massive dwelling stocks of the seventies are being renovated (Toivanen 2018). Figure 4 also presents EBITDA medians and confidence intervals; ROA values are excluded from the figure still correlating positively with EBITDA margins.

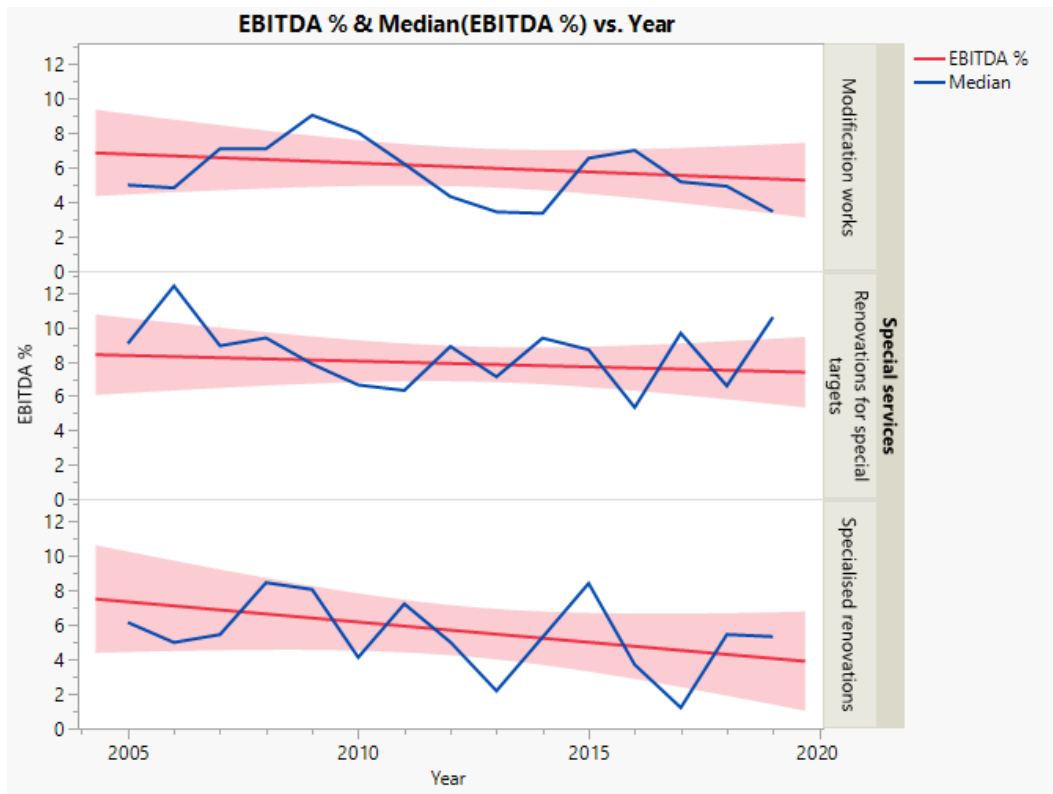


Figure 4. EBITDA medians, trend lines and confidence intervals of the specialized BR groups

The EBITDA curves reveal another interesting matter considering the group *specialized renovations*: as the expenditure program in 2013–2014 covered pipe and façade renovations (ARA 2013), especially the companies in the group *specialized renovations* seem to have benefited from the program in terms of profitability. Unfortunately, the good period was followed by two years of clear decline. According to the assessments with executives (2021), the workload multiplied during the expenditure program, but when the program ended, the load decreased, tightening competition and further affecting profits.

As is also visible in the curves, the EBITDA of the group *specialized renovations* seesaws. There was no exact reason to be found for the phenomenon, but the interviewed executives (Assessments with executives 2021) stated that, for example, in the case of pipe renovation companies whose projects are relatively large, companies can usually have only a few projects running simultaneously, and moving to the next project often causes significant

revenue recognition challenges in terms of the accounting period – thus affecting financial ratios.

Considering the group *specialized renovations*, documenting and invoicing additional works is also seen as challenging (Assessments with executives 2021). The contractors see that additional works often end up at the expense of the contractor, thus influencing profitability negatively.

The EBITDA curve for the companies specialized in *modification works* shows that companies in this group benefited from the construction boom of premises just before the 2008–2009 financial crisis (Pajakkala 2014). The good levels at the time are in line with Sanders & Cooper (1991) who found, though in the new building business, that building sales and storage facilities are quite a profitable business in the construction industry. However, the detected growth for the group *modification works* was also followed by the long-lasting decline that has been visible again in 2016–2019 after a short recovery. It is stated that the Covid-19 pandemic can in the long run boost *modification works* as many buildings need to be made more adaptable or even transformed to other uses in the future (Bereitschaft & Scheller 2020; Lättilä 2021).

The group *renovations of special targets* seems to have performed the most evenly among the *specialized BR* companies – the standard deviations confirm that observation. The group *renovations of special targets* has a standard deviation of 4.6, while the group *modification works* has 6.2 and the group *specialized renovations* 7.4. One reason why *renovations of special targets* seem to be less vulnerable to the cycles can be the client portfolio. The assessments with executives (2021) supported that observation. The executives confirmed that renovations of hospitals or properties that are historically valuable are typically not as sensitive to financial cycles as, for example, *modification works* of premises are.

Another interesting detail that often rose up in the assessments with executives (2021), was that the contractors see that the buyer organization also has a lot of influence on how the project is carried out. Especially pipe renovations (*specialized renovations*) were highlighted; many housing companies are seen as one-time buyers who do not have the experience to help carry out the project in the best possible way. Instead, owners of premises are an example of a buyer organization that usually has experience in *modification works*, and they might even have their own resources for construction related project management. Johnson & Babu (2020) presented similar findings considering challenges with customers in the construction industry in general.

Conclusions

This research delved into companies' profitability in an increasingly significant sector of the construction industry –building renovations. The research questions we were seeking answers to were: how does the profitability of *specialized BR* companies fare compared to *wide BR* companies, and what are the profitability differences among *specialized BR* companies?

Statistically significant differences in profitability between *wide BR* companies and *specialized BR* companies were not detected when considering the total 15-year timeframe. The annual median review still shows that the specialized companies are more vulnerable to economic cycles. In addition, expenditure programs by governments can have a positive influence on the profitability of BR companies when it comes to both *wide BR* and *specialized BR* companies.

The deepened profitability analysis of specialized companies revealed certain profitability differences among the *specialized BR* companies. The companies in the group *renovations of special targets* have the best EBITDA margins and the most even profitability performance considering the economic cycles. In turn, the companies in the group *modification works* have been more exposed to the economic cycles, and this feature reflects on the profitability levels both positively and negatively. The construction boom of premises just

before the 2008–2009 financial crisis boosted the *modification works* sector, and it is assumed that the long-term effects of the Covid-19 pandemic can similarly support the groups' profitability; the workloads are expected to increase due to the need of renovating premises to become more adaptable or even transformed to other uses. *Specialized renovations* showed up as the most worrying group, not only because of the decreasing trend in EBITDA margin, but because of the pipe renovation companies that the group included. In pipe renovation projects, the contractors see buyer organizations (typically housing companies) as such inexperienced partners that they hamper to carry out projects in a profitable manner.

The main findings presented above lead to the following conclusions. Firstly, the strategic choice of a BR company to only specialize in certain building, work or customer types seems to be sensitive profitability-wise in terms of downturns. Therefore, it would be important for both companies in the industry and academia to research ways and practices to improve the profitability of *specialized BR* companies in terms of the downturns. Regarding the specialized companies, only the group *Renovations of special targets* seems to have succeeded in retaining their good profitability levels in downturn circumstances. This seems to be due to careful client selection that enables low competition levels and minor cyclical effects. Secondly, pipe renovation companies' issues with inexperienced partners also offer practitioners and academia a clear development need. Resolving this challenge could improve profitability for the companies in the sector. Thirdly, the finding that government's expenditure programs can clearly influence the BR companies' profitability positively is an important take away for decision makers.

The conclusions raised a few interesting topics for further research. On top of these, the following ones could be added. As the review perspective of this research was quite traditional, future research considering profitability and BR could be more focused on current topics, such as digitalization and ESG. Moreover, the long-term effects of the Covid-19 pandemic and the

Russian invasion of Ukraine in 2022 with their consequences would be important to research from the perspective of BR and profitability. In addition, it would be important to increase the number of researched BR companies, and that would be most rewarding to do by expanding the research to other countries. In fact, the minor limitations of this study are related to the width of the research data. For example, small companies making up the largest part of the data and the geographical concentration of the companies in the capital city region limited a deeper breakdown in these sections, as sample sizes would not be large enough for reliable analyses. In addition, the 2008–2009 financial crisis is the only significant crisis that the research timeframe covers. However, it is a crisis that really had clear impacts on Finnish building construction (Rajala et al. 2022) and, as a global crisis, it can be seen as the best solution in terms of the reproducibility of the study in other countries.

Disclosure Statement

No potential conflict of interest was reported by the authors.

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Figure captions

Figure 1 Caption: The main characteristics of the data and the analysis methods.

Figure 1 Alt Text: The base data, complements for the data, the final data and the methods to analyse the final data are presented in detail in four separate text boxes. The text boxes are connected by arrows that tell the order of the different steps (the order is the same as presented in the previous sentence).

Figure 2 Caption: The specialized groups and the process of forming the groups.

Figure 2 Alt Text: With text boxes and arrows the figure presents the specialized groups and the main elements of the process of forming the groups. In the figure, the main focus is on the report of the VTT definitions of the work and building types in the BR sector. The specialised groups are categorized based on these types.

Figure 3 Caption: EBITDA and ROA medians, trend lines and confidence intervals for the wide and specialized BR companies in 2005–2019.

Figure 3 Alt Text: alt=""

Figure 4 Caption: EBITDA medians, trend lines and confidence intervals of the specialized BR groups.

Figure 4 Alt Text: alt=""

Figure A1 Caption: The company selection process.

Figure A1 Alt Text: The company selection process is presented in detail with three separate boxes: data collection and sorting, determination of ratios and determination of variables.

Appendix 1. The details of the base data

Figure A1 presents the selection process of 60 significant Finnish BR companies that form the base for this study. The company selection process is originally presented in the publication of Rajala et al. (2022). New building construction companies (NB) were a part of the original research and are therefore also presented in the figure. In this study, we are only focusing on BR companies.

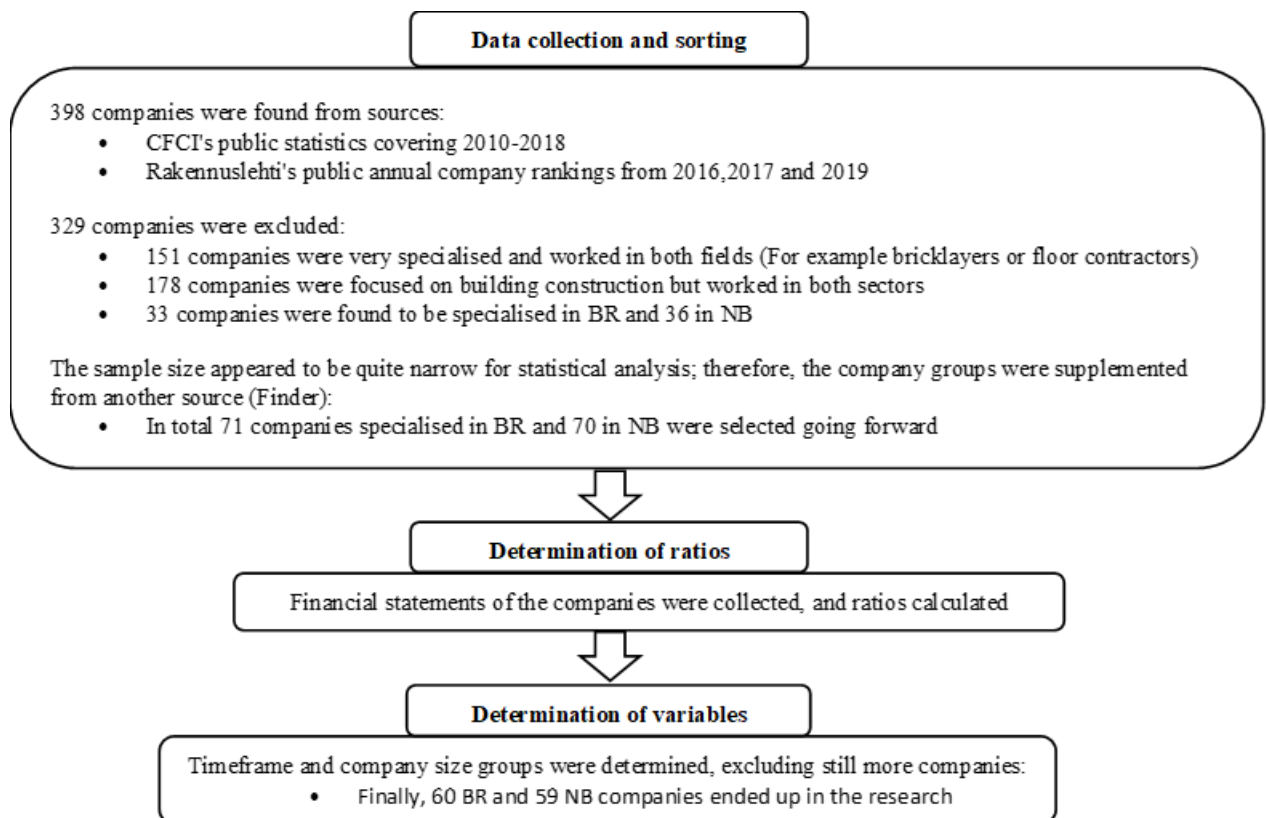


Figure A1. The company selection process

As can be seen in Figure A1, the calculation of EBITDA margin and ROA ratios was also a key part of the selection process of the companies. The calculated ratios for 60 BR companies from 2005–2019 also work as the base data for the profitability analyses of this study.

In addition, below follows a few details regarding the selected companies and the calculation of the ratios:

- Notions regarding the sources of the company selection process:
 - The Confederation of Finnish Construction Industry RT (CFCI) is the joint interest organization representing the construction sector in Finland (CFCI 2022).
 - Rakennuslehti is a Finnish construction trade journal owned by many associations related to Finnish construction, including CFCI (Rakennuslehti 2022).
 - Finder is a general and public Finnish company search service owned by Fonecta (Fonecta 2022).
- In the case of company size, the companies in the study represent the European Commission's definition of small and medium sized companies (EC 2003) by turnover or balance sheet total. The small companies make up the largest part in the research data.
- Geographically the companies have been mainly focused on projects in the capital city region.
- The chosen profitability ratios were all calculated based on the data collected from the companies' financial statements and formulas defined by the Committee for corporate analysis (2009).